

## WELCOME TO THE INFANT/BABY ROOM

The Baby Room is split into three separate rooms:  
The Infant Room (6 weeks-5 months/developmentally ready)  
The Baby Room #1 (5 months-10months/1 year)  
The Baby Room #2 (10months/1yr- 1 ½ yrs)

This allows your child to be with babies of their age and enables them to develop successfully. Each room is equipped with developmentally appropriate toys and staff members to help them along their way. We feel that the first year in the Rosey Family is the most important one and we want you and your child's experience to be memorable.

We, the Caregivers of your child, know that leaving your child everyday is not easy. We also know that there are many times throughout the day when you are at work wondering what your child is doing. While your child is at Rosey's, they are receiving the very best care and are engaging in many developmentally appropriate activities.

When you drop off in the morning and pick up in the evening you will most likely see the same thing everyday. What you may not see is what happens between those times. Our #1 goal is to make sure each child is fed at appropriate times and that diapers are changed when needed. Since each child is not on the same schedule, feeding and changing is an ongoing (and going and going) process. Our second goal is to provide each child the stimulation and interaction your child needs and depends on.

We work on each child's individual level of the development stages. This would include rolling, scooting, crawling, sitting, pulling up, cruising, and walking. It would also include grasping reflexes, object permanence, imitation, beginning words, and feeding.

We also engage in many fun, entertaining, and developmental activities. These activities consist of, but are not limited to, parachute play, bubbles, big blocks, reading books, yogurt prints, and exploring with paints. We also have a lot of fun singing and doing finger plays with the babies. We take the babies outside for a walk everyday, weather permitting. We will take the babies for a walk inside the building if we are unable to go outside.

Your child's day is filled with fun, exciting, and developmentally appropriate activities. We do our best to provide your child with a stimulating environment while meeting their essential needs of food, sleep, diapering, and love. Since the early morning, lunch time, and the late afternoon tend to be our busier times during the day, these activities take place between those times.

Now when you drop off in the morning instead of thinking your baby has it made eating and sleeping all day, you will know that they too, have a very busy day ahead of them. Our babies work very hard growing and exploring every day. Our object is to give your child the best opportunity for growth and development. We are always open to trying new things. If you have any other activities or suggestions, please do not hesitate to offer them.

Although, all of these activities that were listed do not happen every day, your child is always provided with a fun and fulfilling day. If you have any questions or concerns, please address them to one of us. We want your child's first year to be full of excitement, curiosity, and memories that will last YOU a lifetime!

The following is a list of things that you will need to bring on the first day your baby starts:

1 set of extra clothes

Package of diapers

280 count wipes-Pampers or Huggies ONLY please

Bottles- already prepared

Box of cereal- if needed

Baby food- if needed

Pacifier

Swaddle/Sleep Sack(must have Velcro or zippers, we can not use receiving blankets or any other blankets that may become loose while sleeping

Note of special instructions, helpful hints, etc.

We do not put any blankets, stuffed animals, “lovies”, etc. in the cribs. We will provide the crib sheet for each child since the ones that we purchase fit snug. Regular sized crib sheets will not fit correctly on the mattress. The sheets will be labeled with your child’s name and will be changed so your child will always sleep on their sheet in their assigned crib. The sheets will be sent home on Fridays or the last day of the week that your child attends and must be returned the first day your child attends the following week.

Rosey’s provides crib sheets, bibs, burp clothes, bowls, spoons, cribs, and sippy cups. These items are not necessary for you to bring unless you prefer to use your own.

We hope that this list helps you prepare for your first day at Rosey’s! We strive to provide the very best care for your child. We are excited to be a part of their life and watch them explore, learn, and grow!

## Daily Routine for Infant Room

630-700	Arrival time Baby Room 1
700-900	Arrival time in Infant Room/wash hands/prep for the day/breakfast and bottles are fed
900-930	Diapers/wash hands
930-1000	Indoor/outdoor playtime
100-1100	Floor time/books/songs
1100-1130	Diapers/wash hands
1130-1230	Lunch/bottles/books
1230-130	Floor time/cuddle time
130-200	Indoor/outdoor playtime
200-230	Diapers/wash hands
230-400	Floor time/cuddle time/songs/books/bottles
400-430	Diapers/wash hands
430-600	Parent Pick up/songs/floor time/blocks/cuddle time
600	Closing and Departure

## Daily Routine for Baby Room #1

630-700 Arrival Time/wash hands/Prep for the day

700-900 Breakfast/Bottle Time/Sign Language

900-930 Diaper time/Wash hands

930-1030 Indoor/Outdoor Play

1030-1100 Quiet Activity Time/Floor Time

1100-1130 Diaper Time/Wash hands

1130-100 Lunch/Sign Language/Music

100-200 Outdoor Time

200-230 Diaper Time/wash hands

230-330 Snack Time/Sign Language/Music

330-400 Reading Books

400-430 Diaper Time/Wash hands

430-600 Indoor Play/Sing Songs/group play

600 Closing and Departure Time

## Welcome to the Baby Room #2 !!!

The Baby Room #2 is designed to introduce the Young Toddler program and schedule. The children enter the Baby Room #2 between the ages of nine to fifteen months. Your Baby will be enjoying a variety of activities that only children their age could appreciate. This will begin their transition from infancy to toddlerhood. The room will introduce group time, project time, story time and using a low highchair to get them ready to sit at table and chairs when they go to the toddler room. They will be learning to eat on their own using spoons, plates and bowls. Your Baby will also have outside time on a daily basis, weather permitting. Enclosed is an outline of a typical day in the Baby Room #2. Please feel free to ask any questions that you may have. It is important that both you and your Baby feel comfortable with the transition.

Your Baby will be sleeping on a cot once they turn one and you will need to bring in a crib sheet and blanket for your child. You will also be responsible for sending in wipes each month for the room. We ask that you bring in 260 count Huggies or Pampers brand due the 1<sup>st</sup> of each month.

## Baby Room #2 Daily Routine

6:30-8:00	Drop off & Free Play
8:00-9:00	Breakfast During breakfast your child will sit in a highchair and will be encouraged to use their plate, spoon and cup
8:45-9:00	Diaper Time and Group Play
9:00-9:30	Outside Time
9:30-10:00	Group Play/Books/Sensory
10:00-10:30	Dancing/Balls/Babies
10:30-11:00	Project Time Your Baby will be doing a variety of projects that will help develop both small and large motor skills; as well as, give them a sense of pride in their work. We will also be using a number of sensory experiences including, but not limited to: finger painting, texture painting, pudding paint, sand and water play
11:00-11:30	Diaper Time and Group Time Singing songs, movement, ABC's, counting to 5, animal flashcards
11:30-12:00	Lunch
12:00-2:00	Nap/Rest Time All babies sleep on cots until they are one year old, then they will move to a cot where they can have a blanket, pillow, stuffed animal or special lovie.
2:00-2:45	Diapers/Group Play/Bubbles/Music
2:45-3:15	Outside Time
3:15-3:30	Books
3:30-4:00	Afternoon snacks and drinks
4:00-4:15	Diaper Time/Group Play
4:15-5:00	Afternoon Activity Time Project, coloring, stickers, etc.
5:00-6:00	Sing Songs, Dance, Exercise, Look at Books, bubbles